



Financial Wellness Class

The Financial Wellness class is conducted in a non-judgmental, helpful and confidential manner. No matter your age, educational background or financial situation the Financial Wellness class is here to help you realize your goals and calm your financial stress.

Bring peace of mind back to your life by learning to:

- make small adjustment in your spending to save money;
- check your credit and fix credit challenges;
- find a realistic budget to live on;
- understand confusing financial statements; and
- calculating interest and charges on a car, house or education loan.

Financial Wellness Class Series—The class takes place over four Monday nights from 6pm-8:30pm **or** two Saturdays from 10am-3pm at the NAYA Family Center. **Class reservation is necessary.**

► Upcoming Class 2012 Dates—

Saturday Classes: January 7 & 14; May 12 & 19; September 8 & 15.

Monday Classes: March 5, 12, 19 & 26; July 9, 16, 23, & 30; November 5, 12, 19, & 26.



Ben Helgren,
Financial Skills Coach

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Free Service!
Light Snacks Provided
No Child Care